



CURATED FOR
SENIORS
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FREE PRINTABLE GUIDE

Senior-Living Visit Guide

What to notice, ask, and verify during a visit

Introduction. A senior-living visit is a chance to observe daily life as well as collect facts. Families should compare the same practical details at every setting and verify important answers in writing.

How to use this guide. Take this guide to each visit. Notice how residents and staff interact, ask for current written terms, and arrange a second visit when something is unclear.

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Before the visit

A few practical points to keep in mind.

- ☐ Write down the needs and preferences that matter most.
- ☐ Set a budget question without assuming a quoted price is final.
- ☐ Take the same checklist to every setting.
- ☐ Arrange a second visit if an answer is unclear.

Observe the setting

A few practical points to keep in mind.

- ☐ Notice how staff speak with residents.
- ☐ Check whether common areas, bathrooms, and outdoor routes are usable.
- ☐ Ask to see the type of room or service being considered.
- ☐ Note what is included and what costs extra.

Compare and verify

A few practical points to keep in mind.

- ☐ Write down staffing, meals, transportation, medication, and emergency information.
- ☐ Ask how care changes are handled.
- ☐ Request written terms and current fees.
- ☐ Speak with the appropriate local licensing or ombudsman resource before deciding.

What to do next

Choose one next step you can complete this week. A small action is more useful than a perfect plan that never starts. Keep this guide with the notes or contact information needed for the next conversation.

Important note: *This guide is general information, not medical, legal, financial, or senior-living placement advice. Verify licensing, inspection history, staffing, services, fees, contracts, and current availability through appropriate official sources and qualified professionals before making a decision.*

This is general information for preparing a conversation or next step, not individualized professional advice.

Notes and what to buy
